



Mount Greylock State Reservation **INTERPRETIVE PROGRAM**

Visitors Center

30 Rockwell Road, P.O. Box 138, Lanesborough, MA 01237
(413) 499-4262

Nice and Easy Hikes

Wednesdays, 10:00am, June 18 – Oct. 29, 2008.

Get outdoors and stay active with “*Nice and Easy Hikes*” around Mount Greylock State Reservation. These **FREE** hikes are held weekly, every Wednesday at 10:00am, from November 7 through December 26. Call the Visitors Center for hike location and meeting place. Wear appropriate clothing for the weather, sturdy walking shoes and hiking poles are recommended, but not required. Bring water and a snack. In the event of rain or snow the hike is cancelled.

Local hiking enthusiast, Sam Kissel leads these easy-paced, two-hour, one to two mile-long walks geared especially for seniors, but open to all ages. A different trail is featured each week and may include tree and plant identification, birding and local history, depending on the interests of the hikers. Reasonable accommodations may be available upon request.

Sponsored by the Department of
Conservation and Recreation (DCR).

For more information and weekly hike
location meeting place call the Mount
Greylock Visitors Center in Lanesborough: (413) 499-4262, or visit www.massparks.org.



Coming Event

Department of Conservation and Recreation, Massachusetts State Parks